

### **Cov niam txiv, txhob tos - nrhiav cov lus teb rau koj cov lus nug tam sim no!**

Xav paub xov xwm ntau ntiv txog ntawm qhov cov me nyuam yaus yuav txhim kho li cas thiab cov tswv yim los mus pab kom koj tus me nyuam kawm paub **thiab** loj hlob, mus saib lossis hu rau:

**HelpMeGrowMN.org**  
**tus neeg kho mob ntawm koj cheeb tsam**

### **Yog hais tias koj muaj kev txhawj xeeb txog ntawm koj tus me nyuam qhov kev txhim kho...**

thiab xav hais tias koj tus me nyuam ntxim yuav xav tau kev pab ntiv txhawm rau kawm paub lossis yog hais tias koj tus me nyuam muaj teeb meem fab kev kho mob lossis kev mob nkeeg loj, mus saib lossis hu rau:

**HelpMeGrowMN.org**  
**1-866-693-GROW (4769)**



Daim duab yog muab los ntawm 3 Peas Photography

### **help me**



**Mus saib ntawm:**  
**<YdAY; fck AB'tcf [**

**Hu rau:**  
**1-866-693-GROW (4769)**

Cov neeg koom tes muaj xws li:



**Thaum Cov Niam Txiv Paub...  
Cov Me Nyuam Loj Hlob**



Ib tug me nyuam thaum yau feem ntau coj tau kev xav thiab kev zoo siab rau tsev neeg! Cov me nyuam loj hlob thiab hloov ceev thaum yug txog thaum mus kawm kindergarten, thiab lawv kawm txhua hnuv.



## ib co me nyuam mos thiab ib co me nyuam me yuav tsum tau muaj kev pab ntxiv hauv kev kawm thiab kev loj hlob

Thaum uas niam txiv saib lawv tus me nyuam loj hlob thiab paub tab zuj zus tej zaum lawv yuav paub thaum uas lawv tus me nyuam luag ntxhi, dov, zaum, mus kev, ua si, hais nkwg, quaj thiab hais lus. Thaum uas tag nrho cov me nyuam me loj hlob thiab hloov raws li qhov lawv loj hlob tau, tej co me nyuam muaj kev loj hlob qeeb.

Tej cov kev mob tshwj xeeb yuav muaj feem cuam tshuam rau cov me nyuam txoj kev loj hlob thiab. Vim hais tias cov niam txiv paub lawv tus me nyuam zoo tshaj, tej zaum lawv yuav yog tus xub paub tias lawv tus me nyuam loj hlob txawv dua lwm cov me nyuam mos los yog lwm cov me nyuam me.



## muaj kev pab dawb

Cov me nyuam hauv Minnesota txij thaum yug los txog thaum muaj hnuv nyoog tsib xyoos, **uas tsim nyog tau txais kev txhawb nqa thaum ntxov**, tuaj yeem tau txais kev pab cuam nyob rau hauv lawv tsev, tom chaw zov me nyuam lossis tom tsev kawm ntawv. Cov kev pab cuam no yog **pub dawb** uas tsis hais txog ntawm nyiaj tau los lossis neeg tsiv teb chaws.

## kev pab los ntawm cov kws txawj

Cov kws qhia tshwj xeeb rau me nyuam yau thaum ntxov (early childhood specialists) yuav ua hauj lwm nrog cov me nyuam thiab cov tsev neeg uas tsim nyog los npaj rau cov kev pab thiab cov kev txhawb nqa uas lawv xav tau. Tej zaum cov no muaj xws li:

- Cov kev pab qhia ntawv tshwj xeeb thiab lwm cov kev pab, nrog rau kev qhia hais lus, kev pab qoj kom tes taw muag thiab kev kho kom cov tes taw muag.
- Cov kev uas ib tse neeg yuav pab txhawb nqa tau lawv tus me nyuam txoj kev loj hlob hauv cov kev ua ub no txhua hnuv.
- Cov kev sib txuas rau cov kev pab thiab cov kev pab cuam hauv zej zos.

Cov kws qhia me nyuam yaus thaum ntxov tuaj yeem pab nrhiav tau kev pab hauv zej zos thiab cov phiaj xwm me nyuam yaus thaum ntxov rau cov me nyuam uas tsis tsim nyog tau txais **cov kev pab cuam rau kev txhawb nqa thaum ntxov**.

