



Hmong College Prep Academy

February 2019 Breakfast Menu

****Menu is subject to change****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Hash brown Ketchup Chilled and Fresh Fruit Assorted Cereals 100% Pure Fruit Juice Variety Milk
4	5	6	7	8
Rice & Sausage (2 components) Chilled and Fresh Fruit Assorted Cereals 100% Pure Fruit Juice Variety Milk	Cheese Omelet Chilled Fruit Assorted Cereals 100% Pure Fruit Juice Variety Milk	Sticy Rice & Bacon (2 components) Chilled and Fresh Fruit Assorted Cereals 100% Pure Fruit Juice Variety Milk	Pig-n-Blanket (2 components) Assorted Cereals 100% Pure Fruit Juice Variety Milk	Kopia Noodle Soup (2 components) Chilled Fruit Assorted Cereals 100% Pure Fruit Juice Variety Milk
11	12	13	14	15
Rice And Eggs (2 components) Chilled Fruit Assorted Cereals 100% Pure Fruit Juice Variety Milk	Breakfast Pizza (2 components) Chilled Fruit Assorted Cereals 100% Pure Fruit Juice Variety Milk	Rice Soup (2 components) Assorted Cereals 100% Pure Fruit Juice Variety Milk	Pancakes and Syrup (2 components) Assorted Cereals 100% Pure Fruit Juice Variety Milk	French Toast Sticks and Syrup (2 components) Assorted Cereals 100% Pure Fruit Juice Variety Milk
18	19	20	21	22
No School President's Day	Rice & Sausage Chilled Fruit Assorted Cereals 100% Pure Fruit Juice Variety Milk	Sticky Rice and Bacon (2 components) Chilled Fruit Assorted Cereals 100% Pure Fruit Juice Variety Milk	Rice & Ham (2 components) Assorted Cereals 100% Pure Fruit Juice Variety Milk	Chicken Fried Rice (2 components) Assorted Cereals 100% Pure Fruit Juice Variety Milk
25	26	27	28	
Kopia Noodle Soup (2 components) Chilled Fruit Assorted Cereals 100% Pure Fruit Juice Variety Milk	Pig-n-Blanket (2 components) Assorted Cereals 100% Pure Fruit Juice Variety Milk	Bagel Strawberry cream cheese (2 components) Assorted Cereals 100% Pure Fruit Juice Variety Milk	Strawberry Nutrigrain Bar (2 components) Assorted Cereals 100% Pure Fruit Juice Variety Milk	Cheese Omelet Chilled Fruit Assorted Cereals 100% Pure Fruit Juice Variety Milk



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February 2019 Lunch Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Pork & Green Bean Stir fry Brown Rice Carrots Pineapple Market Fresh Greens Bar Alt. Turkey & Cheese
4	5	6	7	8
Teryaki Chicken Strips 4 Treasures Brown Rice Fresh Orange Green Bean Market Fresh Greens Bar Alt. Turkey & Cheese	Walking Taco Salsal Cheese, Lettuce Mandarin Oranges Snap Peas Market Fresh Greens Bar Alt. Turkey & Cheese	BBQ Rib Sandwich Whole Grain Bun Oven Potato Wedges Green Beans Mandarin Oranges Market Fresh Greens Bar Alt. Turkey & Cheese	Chicken curry Soup Whole grain bun Peas Fresh Orange Market Fresh Greens Bar Alt. Turkey & Cheese	Corned Dog Chips Green Beans Banana Market Fresh Greens Bar Alt. Turkey & Cheese
11	12	13	14	15
Broccoil and Chicken Stir Fry Mandarin Oranges Brown Rice Market Fresh Greens Bar Alt. Turkey & Cheese	Hmong Sausage 4 Treasures Brown Rice Peas Fresh Orange Market Fresh Greens Bar Alt. Turkey & Cheese	Spaghitti Noodle Whole Grain bun Ginger Carrots Pears Market Fresh Greens Bar Alt. Turkey & Cheese	Chicken Drummy 4 Treasures Brown Rice Carrots Fresh Grapes Market Fresh Greens Bar Alt. Turkey & Cheese	Pizza Zucchini Banana Market Fresh Greens Bar Alt. Turkey & Cheese
18	19	20	21	22
No School President's Day	Teriyaki Strips Brown Rice Carrots Diced Pears Market Fresh Greens Bar Alt. Turkey & Cheese	BBQ Pork Sandwich Whole Grain Roll Green Beans Tropical Mixed Fruit Market Fresh Greens Bar Alt. Turkey & Cheese	Braised Pork W/ Greens Brown Rice Broccoli Pineapple Market Fresh Greens Bar Alt. Turkey & Cheese	Hamburger French Fries Carrots Diced Pears Market Fresh Greens Bar Alt. Turkey & Cheese
25	26	27	28	
Mostaccioli Butter Noodles Broccoli Tropical Friut Market Fresh Greens Bar Alt. Turkey & Cheese	PHO Whole Grain bun Broccoli Pineapple Market Fresh Greens Bar Alt. Turkey & Cheese	Hot Dog Whole Grain Bun Oven Potato Wedges Corn Mandarin Oranges Market Fresh Greens Bar Alt. Turkey & Cheese	Chicken Thigh 4 Treasures Brown Rice Carrots Fresh Grapes Market Fresh Greens Bar Alt. Turkey & Cheese	